STEROID WEANING REGIME

RED INDICATES DAY NOT TO APPLY STEROID CREAMS/OINTMENT – USE MOISTURISERS ONLY

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **APPLY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| **EVERY DAY FOR 2 WEEKS** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **EVERY OTHER DAY FOR 2 WEEKS** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **TWICE A WEEK FOR 2 WEEKS** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

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